

Twenty-Second Sunday in Ordinary Time

September 3, 2017

UNITED HEARTS PARISH PRAYER LINE

The number to call for prayer requests, or if you wish to pray with us, is 622-2094.

ANNIVERSARY CELEBRATION

Bishop Peter A. Libasci invites all couples who are celebrating their 25th, 30th, 35th, 40th, 45th, 50th or beyond Wedding Anniversary (anytime during the year 2017), to attend a *Special Anniversary Mass*. This celebration will be held on **October 15, 2017 at 2:00 p.m.**, at St. Joseph Cathedral, Manchester. If you are celebrating your 25th, 30th, 35th, 40th, 45th, 50th or beyond anniversary, please contact the parish office by **September 22**. We will need your *last names, first names and mailing address*. Please also indicate your special anniversary year. By providing your name to your Parish Office you will be registered and receive an invitation. *There is no need for the couple to RSVP.*

FR. LARRY RICHARDS IS COMING TO ST. CATHERINE OF SIENA PARISH OCTOBER 16-19

Join us as we welcome Father Larry Richards, a gifted speaker, dynamic teacher and retreat master from Monday, **October 16** through Thursday, **October 19** from 7 – 9 p.m. in the Church. Fr. Larry Richards will speak about:



Monday: God's Love and Prayer

Tuesday: Love of Others

Done in the context of a Mass

Wednesday: Passion of Christ and the Need for Confession

Followed by the opportunity for individual confessions

Thursday: Adoration and Healing

Done in the context of Eucharistic Adoration and a Healing Service

There is no need to register – just come. Your Life **WILL** Be Changed Forever!

ANNUAL HOMESCHOOL MASS

Each year, Bishop Libasci celebrates Mass for homeschool families. Join us this year at St. Joseph Cathedral on Thursday, **September 7** at 10 a.m.

NH RIGHT TO LIFE BENEFIT BANQUET

October 12 from 5:30 – 9:15 p.m. at the Executive Court Banquet Facility, 1199 So. Mammoth Rd., Manchester. The guest speaker will be Janet Morana, Executive Director of Priests for Life.

INTERESTED IN BECOMING CATHOLIC?

If anyone is interested in becoming Catholic, or if you know of anyone who is interested, please contact Fr. Paul at the rectory, Derick Alexandre at 232-7213, or Norine Calvano at 624-8331.

SAVE THE DATE: CATHOLIC CHARISMATIC RENEWAL JUBILEE CELEBRATION

October 28 at St. Marie Parish, Manchester. Begin with Holy Mass with Fr. Marc Montminy, followed by Miracle Healing Service with Dr. Bob and Mrs. Julie Sawyer, Diocese of Baltimore, and "How can I obtain the grace of the Jubilee and experience the surprises of the Spirit?" For more information or to register, phurd1503@aol.com or Jackie Morganti 332-3576.



PARISH CHOIR NEWS

Hello everyone! I wanted to take some time to extend an invitation to all parishioners here at St. Catherine who frequently are the ones in the pews who tend to sing louder than those next to you. Or the people that enjoy good company and humor with others who are equally as social. Or the people that believe in that famous saying that when you sing to God, you are actually praying twice. For all of those people, I'd like to extend a warm invitation to join our Parish Choir for an "open rehearsal" to take a no pressure test drive of what it is like to be in the group. There are no requirements regarding music reading and lastly and most important, there is No Audition Required! Please come and join us for the Parish Choir "open rehearsal" on Wednesday, **September 13** at 7 pm. If you're unsure of what voice part you might be or if you have any other questions, please feel free to contact me at boroskasa@comcast.net or by phone at 603-867-8278. Lastly, I'd like to formally welcome back all current dedicated members of the Parish Choir to attend our first rehearsal on **September 13**. I look forward to seeing all current members returning back and am equally excited to welcome some new members to the group! *Adam Boroskas, Choir Director*

BIBLE STUDY ON WEDNESDAYS

Please join us **every Wednesday** after the 9 a.m. Mass for bible study, facilitated by Deacon Geoff Ashman. It's held in the conference room in the Church Hall. And, when the class is over, why not get your blood pressure checked by a parish nurse?

ACTS OF THE APOSTLES BIBLE STUDY

Tuesdays through September 26, from 7-9 p.m., you are invited to take a daring 12 week journey with the first Christians...and meet the lion-hearted disciples who gave all for the Lamb of God! Each episode will bring us deeper into the world of the early Church and the power of the Holy Spirit. After watching the video, you can share your thoughts and reflections with each other in small group discussions. A Catholic Viewers' Guide will be available for all participants. **YOU WON'T WANT TO MISS ANY!!** For more information, contact Therese Finegan at 603-247-6499.

THE BIBLE TIMELINE RETURNS

The Bible Timeline is a fascinating study that takes participants on a journey through the entire Bible. They will go deep into each period of salvation history and discover the amazing story woven throughout all of Scripture. Using a unique color-coded system, they will learn the major people, places, and events of the Bible and see how they all come together to reveal the remarkable story of our faith. *The Bible Timeline* has been granted the *Imprimatur*. The course will take place on **Thursday evenings** at 7pm in the Parish Hall, starting on **September 7**. We will be starting right where we left off in May with the Second Book of Samuel. Light refreshments will be served. All are welcome.

THANK YOU FOR YOUR GENEROUS SUPPORT August 26/27, 2017

Checks: \$ 6,796.00
Cash: \$ 2,239.00
E-Give: \$ 1,409.00
Total: \$10,444.00

GENEROUS SUPPORT CAPITAL CAMPAIGN As of July 17, 2017

Total Pledges: \$1,106,867.69
Total Cash Received: \$1,223,860.42
Remaining Pledges: \$ 46,640.25*
Mortgage: \$ 312,864.85
Phase 2 Donations: \$ 86,035.00
We paid \$7,000 toward our mortgage 8/15/2017

**This figure is not derived from total pledges minus cash received. This figure represents remaining pledges only. People have given more than their pledged amount.*

APPLE FESTIVAL @ ST. ANTHONY PARISH



The 5th Annual Apple Festival will be held on Sunday, **September 17** from 11 a.m. – 3 p.m. at St. Anthony Parish, 172 Belmont St., Manchester. The raffle Grand Prize is a \$1,000 gift card. There will be children's games, as well as hamburgers, hot dogs, and more!

JESUS WAS BORN IN A SHELTER

The box at the main entrance of the church is to collect items for those who live in shelters in Manchester. Needs for **September** are diapers and wipes, razors, floss.



Mass Intentions

<u>SATURDAY</u>	<u>SEPTEMBER 2</u>
4:00	LOUIS LOHNES by the family PIERO BRONZI by Janet & Howard Green JAMES & MARIE DIPIETRO by Janet & Howard Green HOWARD & ELSIE GREEN by Janet & Howard Green
<u>SUNDAY</u>	<u>SEPTEMBER 3</u>
7:30	CAROL BOUCHER
9:00	JEAN LAMBERT by the family
11:00	LEONARD JOHNSON by Paul & Betty Andrews DR. CHERI CAMACHO by the Camacho & Riccio Families

MONDAY-FRIDAY - Morning Prayer 8:30 a.m.

<u>MONDAY</u>	<u>SEPTEMBER 4</u>
9:00	NO MASS
<u>TUESDAY</u>	<u>SEPTEMBER 5</u>
9:00	EDWARD & EVELYN VERROCHI by their daughter, Cindy Michelson
<u>WEDNESDAY</u>	<u>SEPTEMBER 6</u>
9:00	CHUCK HUNGLER by Kathy & Paul Proulx
9:30 – 5 p.m. ADORATION OF THE BLESSED SACRAMENT	
<u>THURSDAY</u>	<u>SEPTEMBER 7</u>
9:00	WILLIAM MEHIGAN by The Mehigan Trust Fund FR. THOMAS BRESNAHAN
<u>SATURDAY</u>	<u>SEPTEMBER 9</u>
8:00	PARISHIONERS OF ST. CATHERINE
4:00	PAUL BLEAU by Roger & Michele LEWIS C. FRANKLIN, SR. by Ellen DesRochers DECEASED MEMBERS OF THE GEORGE HUPPE, SR. FAMILY by M/M George Huppe THOMAS MORRISSETTE by the family (3 rd Anniv.)
<u>SUNDAY</u>	<u>SEPTEMBER 10</u>
7:30	VIRGINIA & ROBERT FLYNN; MARILYN & JOHN LETVINCHUK by the families
9:00	LORRAINE & DAVID REYNOLDS by the family CAROL O'LEARY by the family
11:00	ROBERT ST. PIERRE by Barbara Raulerson

HOLY CROSS FAMILY LEARNING CENTER

Are you a retired teacher who might be interested in volunteering some time at Holy Cross Family Learning Center to teach English as a Second Language to adult students who are eager to learn, committed to attending classes, and who actually welcome homework? This commitment would consist of 2.5 hours on Monday and Wednesday or 2.5 hours on Tuesday and Thursday from 9 – 11:30 a.m. both days. For more information, please leave a message on the office phone for Sr. Jacqueline R. Verville, CSC, Ed. D. at 603-622-9250.

2017 – 2018 RELIGIOUS ED CLASSES

Registration for the 2017-2018 religious education classes has begun, for grades 1-10. Registration forms can be found on the church website.

CHILDREN'S MINISTRIES VOLUNTEERS

Children's Ministries at the 9am Mass will resume in September. We are looking for volunteer helpers for our babysitting service and a co-teacher for our Pre-CCD students. We provide all the material and no teaching experience is necessary. If you are interested in helping, please contact Lori Vincent at dlvincent6@gmail.com.

7 TIPS FOR INCLUDING MOVEMENT IN THE WAY YOU LIVE

1. **Take an extra lap.** Once you've got the grocery cart fully loaded, take a final victory lap around the perimeter of the store pushing its weight at a brisk pace.
2. **Stretch it out.** Feeling bored or sleepy in the middle of the day? Rather than reach for a snack, try a few stretches. Start with your neck and shoulders and work your way down to your toes.
3. **Choose the detour.** Walk one block farther with the dog than you're used to. Walk past your work station and circle back. Bypass the elevators and find the stairs.
4. **Make movement work for you.** Housework is movement. Set a timer for 20 minutes and declutter at a lively pace. Then you can enjoy the double sense of accomplishment.
5. **Learn what 10 minutes feels like.** Keeping your heart rate up for just 10 minutes/day can make a difference in your fitness and in your mood and energy. Find an activity you enjoy, set the timer, and go.
6. **Celebrate life.** Crank up the music, grab family members or friends, and instigate an impromptu dance party. Keep those arms and legs moving as you twist and bob.
7. **Turn on the generosity.** A commitment to movement doesn't have to come at the expense of your impulse for kindness. Help a neighbor out with yard work, moving furniture, or cleaning out the garage and accomplish both goals- along with building a valuable relationship.

TROOP 104 MUM SALE

Troop 104 will be holding its annual fall mum fundraiser the weekend of **September 9-10**. The cost is \$10/plant, 9 inch pots, with 5 colors available. Delivery will be **September 23-24**.

37th ANNUAL SCOUT RETREAT

The Annual High Adventure Scout Retreat is **Fri. Sept. 15 – Sun. Sept. 17** at Camp Fatima in Gilmanton Iron Works, NH. Cost: \$10/scout and \$7/adult. This retreat is very active, involving the scouts in fun, interesting, challenging, thought provoking and faith filled activities. 200 attended last year. To register, please go to: www.catholicnh.org/scout or e-mail: FrRay3@gmail.com, or call 603-224-4393 x11.

PARISH NURSE NEWS

CMC PARISH NURSE YARD SALE

From 8:30 a.m. to 1 p.m. on Saturday, **September 9** at Parish of the Transfiguration parking lot. Consider saving household items to donate to the yard sale, but **NO CLOTHES!** Items can be dropped off the week prior.

FREEDOM FROM SMOKING COURSE

Free 8-week course from **September 12 to October 24**. Call 626-2626 for more information, and to register.

FREE FLU SHOT CLINIC

In partnership with Walgreen's, CMC's Parish Nurse Program will be offering free flu shots on Wednesday, **September 13** from 11 a.m. to Noon at St. Catherine in the Church Hall.

BETTER HEALTH, BETTER CHOICES

Free, chronic disease self-management series, Thursdays from **September 14 – October 19**, 9 – 11 a.m., Founders Room at Dartmouth-Hitchcock, Manchester. To register, call 629-1732.

OVARIAN CANCER: GET THE FACTS

Join Joseph Pepe, MD, President & CEO of CMC who will discuss the incidence and seriousness of ovarian cancer, and why it is sometimes difficult to diagnose. Monday, **September 18** from 6 – 7:30 p.m. Call 603-626-2626 to register.

CHAIR EXERCISE CLASSES (FREE)

Tuesdays at St. Elizabeth's, 8:30

Wednesdays at Congregation Church of Goffstown, 10

Thursdays at Transfiguration, 9:30

WALKING GROUPS (FREE)

Tuesdays at Transfiguration, 9:30

SHINE: (SUPPORTIVE SERVICES FOR OLDER ADULTS)

St. Matthew's Episcopal Church, Goffstown on **Wednesdays**, 10:30 a.m. to 1:45 p.m.

2 BEDROOM RESIDENCE WANTED

A parishioner, her 11 year old son, and their two cats are looking for a 2 bedroom rental in the Hooksett School District. Anybody willing to rent is asked to call the rectory at 622-4966.

CAR FOR SALE

2003 blue Chevy Cavalier, low miles, new tires, 4 cylinders, good condition, **great** student car! Asking \$1,500 or best offer. Contact Nick at 603-391-6368.